

| Non-Opioid Medications <sup>1,2,3,4</sup>                       | Brand/Trade Name | Maximum Daily Dose | Maximum Daily Units           | Recommended Dosing Regimen                                                                                          |
|-----------------------------------------------------------------|------------------|--------------------|-------------------------------|---------------------------------------------------------------------------------------------------------------------|
| Acetaminophen 160 mg/5 mL suspension                            | Tylenol®         | 3 g                | 90 mL                         | 10 mL PO Q4-6H PRN PAIN –OR–<br>15 mL PO Q4-6H PRN PAIN –OR–<br>20 mL PO Q8H PRN PAIN –OR–<br>30 mL PO Q8H PRN PAIN |
| Acetaminophen 325 mg                                            | Tylenol®         | 3 g                | 8                             | 1 TAB PO Q4-6H PRN PAIN –OR–<br>2 TABS PO Q6H PRN PAIN                                                              |
| Acetaminophen 500 mg                                            | Tylenol®         | 3 g                | 6                             | 1 TAB PO Q4-6H PRN PAIN –OR–<br>2 TABS PO Q8H PRN PAIN                                                              |
| Acetaminophen 650 mg                                            | Tylenol®         | 3 g                | 3                             | 1 TAB PO Q8H PRN PAIN                                                                                               |
| Ibuprofen 100mg/5mL suspension                                  | Motrin®          | 2400 mg            | 120 mL                        | 10 mL PO Q4-6H PRN PAIN –OR–<br>20 mL PO Q4-6H PRN PAIN –OR–<br>30 mL PO Q6H PRN PAIN –OR–<br>40 mL PO Q8H PRN PAIN |
| Ibuprofen 200 mg                                                | Advil®/Motrin®   | 2400 mg            | 12                            | 1-2 TABS PO Q4-6H PRN PAIN                                                                                          |
| Ibuprofen 400 mg                                                | Advil®/Motrin®   | 2400 mg            | 6                             | 1 TAB PO Q4-6H PRN PAIN                                                                                             |
| Ibuprofen 600 mg                                                | Advil®/Motrin®   | 2400 mg            | 4                             | 1 TAB PO Q6H PRN PAIN                                                                                               |
| Ibuprofen 800 mg                                                | Advil®/Motrin®   | 2400 mg            | 3                             | 1 TAB PO Q8H PRN PAIN                                                                                               |
| Naproxen 500 mg                                                 | Naprosyn         | 1250 mg            | 2                             | 1 TAB PO Q12H FOR PAIN                                                                                              |
| Non-Opioid Combination Regimens <sup>1,2,3,4</sup>              |                  |                    |                               |                                                                                                                     |
| Ibuprofen 400mg +<br>Acetaminophen 500 mg                       | Advil®/Motrin®   | 1600 mg            | 4                             | 1 TAB PO Q6H FOR PAIN                                                                                               |
|                                                                 | Tylenol®         | 2 g                | 4                             | 1 TAB PO Q6H FOR PAIN                                                                                               |
| Ibuprofen 600mg +<br>Acetaminophen 500 mg                       | Advil®/Motrin®   | 2400 mg            | 4                             | 1 TAB PO Q6H FOR PAIN                                                                                               |
|                                                                 | Tylenol®         | 2 g                | 4                             | 1 TAB PO Q6H FOR PAIN                                                                                               |
| Ibuprofen 400mg +<br>Acetaminophen 500 mg                       | Advil®/Motrin®   | 1200 mg            | 3                             | 1 TAB PO Q8H FOR PAIN                                                                                               |
|                                                                 | Tylenol®         | 3 g                | 6                             | 2 TABS PO Q8H FOR PAIN                                                                                              |
| Less Potent Opioid Medications <sup>2,3,4,5,6</sup>             | Brand/Trade Name | Maximum Daily Dose | Maximum Daily Dispensed Units | Recommended Dosing Regimen                                                                                          |
| Acetaminophen-Codeine 300 mg-15 mg                              | Tylenol #2®      | 180 mg             | 8                             | 1 TAB PO Q4H PRN PAIN –OR–<br>1 TAB PO Q6H PRN PAIN –OR–<br>2 TABS PO Q6H PRN PAIN                                  |
| Acetaminophen-Codeine 300 mg-30 mg                              | Tylenol #3®      | 180 mg             | 6                             | 1 TAB PO Q4H PRN PAIN –OR–<br>1 TAB PO Q6H PRN PAIN                                                                 |
| Acetaminophen-Codeine 300 mg-60 mg                              | Tylenol #4®      | 180 mg             | 3                             | 1 TAB PO Q8H PRN PAIN                                                                                               |
| Tramadol 50 mg                                                  | Ultram           | 300 mg             | 6                             | 1 TAB PO Q4H PRN PAIN –OR–<br>1 TAB PO Q6H PRN PAIN                                                                 |
| More Potent Opioid Medications <sup>2,3,4,5,6</sup>             |                  |                    |                               |                                                                                                                     |
| Hydrocodone-Acetaminophen<br>5 mg-325 mg                        | Norco            | 30 mg              | 6                             | 1 TAB PO Q4H PRN PAIN –OR–<br>1 TAB PO Q6H PRN PAIN                                                                 |
| Hydrocodone-Acetaminophen<br>7.5 mg-325 mg                      | Norco            | 30 mg              | 4                             | 1 TAB PO Q6H PRN PAIN                                                                                               |
| Hydrocodone-Acetaminophen 7.5 mg-<br>325 mg/15 mL oral solution | Hycet            | 30 mg              | 60 mL                         | 10 mL PO Q4H PRN PAIN –OR–<br>10 mL PO Q6H PRN PAIN –OR–<br>15 mL PO Q6H PRN PAIN                                   |
| Oxycodone 5 mg                                                  | Roxicodone       | 20 mg              | 4                             | 1 TAB PO Q6H PRN PAIN                                                                                               |
| Oxycodone 5 mg/5 mL oral solution                               | Roxicodone       | 20 mg              | 20 mL                         | 5 mL PO Q6H PRN PAIN                                                                                                |
| Oxycodone-Acetaminophen 5mg-325mg                               | Percocet®        | 20 mg              | 4                             | 1 TAB PO Q6H PRN PAIN                                                                                               |

<sup>1</sup> Other nonsteroidal anti-inflammatory drugs (NSAIDs): meloxicam or etodolac.

<sup>2</sup> Non-pharmacologic options: ice, heat, chiropractic care, massage therapy, osteopathic manipulative therapy, and/or physical therapy.

<sup>3</sup> Adjuvant therapeutic options: lidocaine cream or ointment, lidocaine patch, capsaicin cream, cyclobenzaprine, methocarbamol, metaxalone, baclofen, gabapentin, pregabalin, amitriptyline, and duloxetine.

<sup>4</sup> Some medications may not be covered or prior-authorization may be required depending upon a patient's insurance coverage.

<sup>5</sup> Maximum days' supply should not exceed a five-day supply.

<sup>6</sup> Maximum units dispensed per prescription is 20 units. (Note for Hycet: When 1 unit=15 mL, the maximum units dispensed is 300 mL. When 1 unit=10mL and dosed 10mL Q6H, the maximum units dispensed will be 200 mL. When 1 unit=10mL and dosed 10mL Q4H, the maximum units dispensed will be 300 mL.)

Note for oxycodone solution: 1 unit=5 mL, with maximum units dispensed is 100 mL.