

TABLE OF CONTENTS

Medication Safety Questionnaire

- Use this questionnaire for **every client** and re-assess every 6 months
- NOTE: Use specific form for HOSPICE or HOME HEALTH

To print more, go to www.one-program.org/PHnursing

For Home Health clients with opioid:

Workflow Document

• If a client is using an opioid, this is the step-by-step process to use for opioid safety

Triage Tool

• Use this flowchart to determine which services to offer to your clients.

MALE or FEMALE Opioid Risk Screening

• Use this tool to screen each patient for opioid misuse and overdose risk

Outcomes Worksheet

· Document interventions provided based on risks

To print more, go to www.one-program.org/PHnursing

Narcan for Clients

• Use this document to coordinate getting Narcan for a client

Patient Brochure for Opioid Safety

• Provide one of these brochures to each patient who is actively taking or has an opioid medication in the home

For more, contact heidi.eukel@ndsu.edu



Medication Safety Questionnaire [Home Health]

(Client name or MRN:				
How does client receive medication?					
	Local community pharmacy pick up				
	Local community pharmacy delivers				
	Local community pharmacy mails				
	Mail order pharmacy				
Does client have difficulty with getting medications when needed?					
Γ	Yes				
	No				
How is the client storing his or her medications?					
	Medication is stored in locked box				
	Medication is stored in <u>safe</u> designated area				
	Medication is stored in <u>unsafe</u> designated area				
	Medication storage not designated				
N	Medication disposal of unused or expired medications:				
	Medication not discarded				
	Medication discarded in trash				
	Medication disposal with approved measures				
	Has unused opioids in the home				
Ι	Does the client take medication(s) for pain?				
Γ	No, not taking medication for pain				

Yes, taking medication for pain				
	Taking non-opioid for pain (Celebrex, NSAID, etc.)			
	Taking opioid for pain (oxycodone, hydrocodone, tramadol, etc.)			
If yes, proceed to opioid screening				



Medication Safety Questionnaire [Hospice]

Client name or MRN:					
Н	How does client receive medication?				
	Local community pharmacy pick up				
	Local community pharmacy delivers				
	Local community pharmacy mails				
	Mail order pharmacy				
D	oes client have difficulty with getting medications when needed?				
	Yes				
	No				
_					
Н	low is the client storing his or her medications?				
	Medication is stored in locked box				
	Medication is stored in <u>safe</u> designated area				
	Medication is stored in <u>unsafe</u> designated area				
	Medication storage not designated				
N	ledication disposal of unused or expired medications:				
	Medication not discarded				
	Medication discarded in trash				
	Medication disposal with approved measures				
	Has unused opioids in the home				
D	oes the client take medication(s) for pain?				
	No, not taking medication for pain				
	Yes, taking medication for pain				

Taking non-opioid for pain (Celebrex, NSAID, etc.)

Taking opioid for pain (oxycodone, hydrocodone, tramadol, etc.)

If yes, proceed to opioid screening

Was a Deterra bag provided to this client for medication disposal?

Yes

No

Was a medication lock box provided to this client?

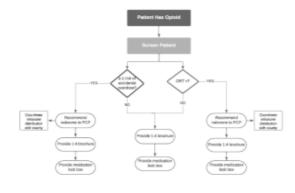
Yes

No

THE RESULTS OF THIS DOCUMENT MUST BE ENTERED INTO REDGAP



Determine risk of opioid misuse^A and/or overdose^B



Triage the client

Screen the client

1:4 Brochure¹ Medication lock box¹

Naloxone education²

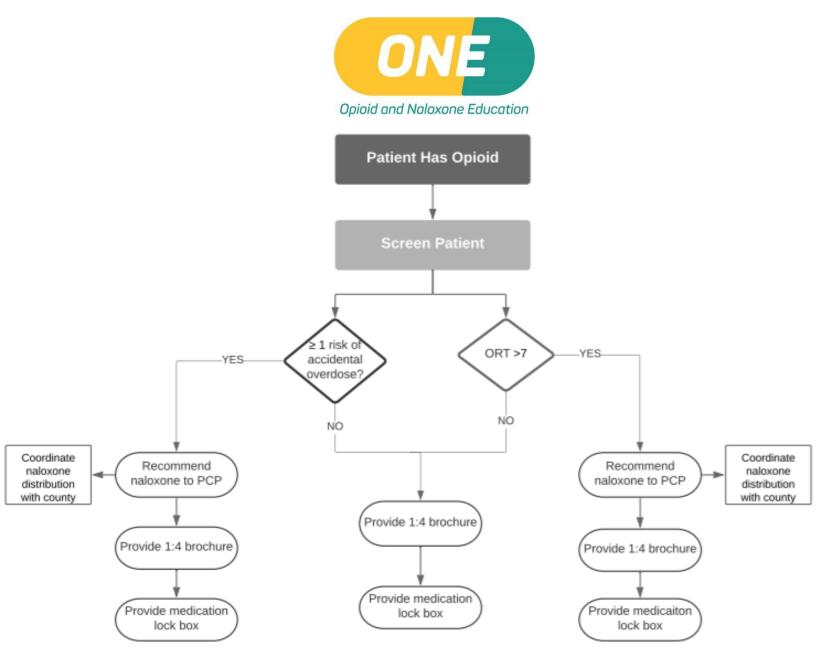
All patients with an opioid
 Patients with an opioid and risk of misuse or overdose

Outcomes Worksheet

Yes	No	Not screened	Today, client was identified as at risk for accidental overdose based on current disease states, current medications, or age B'usr, bits was diseased with the client
Yes	No	Not screened	Today, client was identified with potential for opioid misuse if yes, this was discussed with the client
Yes	No	Not indicated for this patient	The benefits of naloxone were explained
Yes	No	Not indicated for this patient	Naloxone order was requested from primary care provider
Yes	No	Not indicated for this patient	Detecta bag was provided for this client
Yes	No	Not indicated for this patient	1 in 4 brochure was provided for this client
Yes	No	Not indicated for this patient	A medication lock box was provided for this client



Turn in forms





FEMALE

Patient Name:	Date of Birth:	

YES NO Has the patient taken this or other opioid medications in the last 60 days? Examples: Duragesic® (fentanyl), Oxycontin® (oxycodone), Vicodin® (hydrocodone), morphine

Put a check in the box next to those items which apply to the patient.

	Yes	Score		
Family history of substance abuse				
Alcohol		1		
Illegal drugs		2		
Prescription medication misuse		4		
Personal history of substance abuse				
Alcohol		3		
Illegal drugs		4		
Prescription medication misuse		5		
Age between 16 - 45 years		1		
History of preadolescent sexual abuse				
Psychological disease				
Examples: attention deficit disorder (ADD), obsessive compulsive disorder (OCD), bipolar		2		
Depression		1		

Total Score:

Circle the age the patient is in:

16-25 26-44

45-64

Greater than 64

Medical history: Circle all those which apply to the patient.

asthma depression anxiety COPD/emphysema sleep apnea liver disease kidney disease

While using this medication is there a chance the patient may consume any of the following?

YES NO Medication used to treat anxiety

Examples: Xanax® (alprazolam), Ativan® (lorazepam), Valium® (diazepam) Klonopin® (clonazepam)

YES NO Medication used to treat depression

YES NO Medication known as a muscle relaxer

Evamples: Flaveril® (cyclobenzantine) Skalavin® (metavalone)



MALE

Patient Name: _		Date of Birth:		
YES I	NO	Has the patient taken this or other opioid medications in the last 60 days? Examples: Duragesic® (fentanyl), Oxycontin® (oxycodone), Vicodin® (hydrocodone), morphine		

Put a check in the box next to those items which apply to the patient.

Opioid Misuse Risk Assessment

	Yes	Score
Family history of substance abuse		
Alcohol		3
Illegal drugs		3
Prescription medication misuse		4
Personal history of substance abuse		
Alcohol		3
Illegal drugs		4
Prescription medication misuse		5
Age between 16 - 45 years		1
History of preadolescent sexual abuse		0
Psychological disease		
Examples: attention deficit disorder (ADD),		2
obsessive compulsive disorder (OCD), bipolar		
Depression		1

Total Score:

Circle the age the patient is in: 16-25 26-44 45-64 Greater than 64

Medical history: Circle all those which apply to the patient.

asthma depression anxiety COPD/emphysema sleep apnea liver disease kidney disease

While using this medication is there a chance the patient may consume any of the following?

YES NO Medication used to treat anxiety

Examples: Xanax[®] (alprazolam), Ativan[®] (lorazepam), Valium[®] (diazepam) Klonopin[®] (clonazepam)

YES NO Medication used to treat depression

YES NO Medication known as a muscle relaxer

Examples: Flexeril® (cyclobenzaprine), Skelaxin® (metaxalone)

YES NO Medication used to aid in sleep (prescription or over the counter)

YES NO Cough or cold medication

YES NO Alcohol

YES NO Are you currently taking other opioid medications?

Examples: Duragesic (fentanyl), Oxycontin (oxycodone), Vicodin (hydrocodone), morphine



Outcomes Worksheet

Yes	No	Not screened	Today, client was identified as at risk for accidental overdose based on current disease states, current medications, or age <i>If yes, this was discussed with the client</i>
Yes	Yes No		Today, client was identified with potential for opioid misuse If yes, this was discussed with the client
Yes	No	Not indicated for this patient	The benefits of naloxone were explained
Yes	No	Not indicated for this patient	Naloxone order was requested from primary care provider
Yes	No	Not indicated for this patient	Deterra bag was provided for this client
Yes	No	Not indicated for this patient	1 in 4 brochure was provided for this client
Yes	No	Not indicated for this patient	A medication lock box was provided for this client

NARCAN for CLIENTS

If Narcan is indicated due to risk of overdose or misuse, please notify the client's PCP.

Example communications:

I have conducted a risk assessment for Jane Doe (DOB 8./22.1984) for opioid misuse and overdose. Based on the objective screening results, Jane is at risk of overdose while using an opioid medication. I'd like to have Narcan added to her medication list. I will provide Narcan for at-home use and train her if you approve.

To receive a dose of Narcan for a client at no cost, please email the individual in the county which your client resides. You will pick up a dose of Narcan and deliver to him or her at your convenience.

Williston: Williams Holly Brekhus (Ward County) hibrekhus@nd.gov

Bismarck: Burleigh or Morton; Sue Kahler (Bismarck Burleigh Public Health) skahler@bismarcknd.gov

Fargo: Cass; Robyn Litke Sall (Fargo Cass Public Health) rlitkesall@FargoND.gov

Wahpeton: Richland; Miranda Andel (Richland County Health Department) mandel@co.richland.nd.us

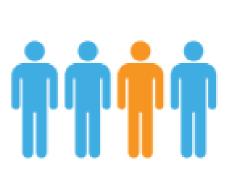
Valley City:

Barnes; Katie Beyer (City-County Health District) kbeyer@barnescounty.us
Dickey; Abby Gibbs (Dickey County Health District) abby.gibbs@nd.gov
Foster; Lisa Hilbert (Foster County Public Health) lhilbert@nd.gov
Ransom; Brenna Welton (Ransom County Health Department)
brenna.welton@co.ransom.nd.us

Wells; Joye Stolz (Wells County District Health Unit) <u>rstolz@nd.gov</u>

Dickinson: Stark; Jennifer Schaeffer, Danielle Romanyshyn & Karen Goyne (Southwestern District Health Unit) (email all at once).

kmgoyne@nd.gov; JSchaeffer@nd.gov; dromanyshyn@nd.gov



people receiving long-term opioid therapy STRUGGLES WITH ADDICTION

Prescription
opioid addiction
A GROWING
EPIDEMIC...

- Opioids work by blocking the feeling of pain without fixing the underlying cause.
- Prescription opioids may be habit forming and lead to addiction even when taken as prescribed.
- Patients taking prescription opioids are also at risk for impaired breathing, unintentional overdose or death.
- Caution when taking prescription opioids with:
 - alcohol
 - · benzodiazepines (ex. Xanax®, Valium®)
 - muscle relaxers (ex. Soma®, Flexeril®)
 - hypnotics (ex. Ambien®, Lunesta®)

KEEP YOURSELF AND YOUR LOVED ONES SAFE:



Lock

Keep medication out of sight and in a safe and secure place.



Monitor

Keep track of medication and take only as directed.



Take Back

Drop off unused medication at local Take Back locations. To find a location near you, go to www.takeback.nd.gov.

IF YOU ARE CONCERNED:

- Talk to your pharmacist or practitioner about naloxone, a treatment to reverse overdose.
- · Follow-up with your practitioner
- Find behavioral health treatment providers at www.findtreatment.samhsa.gov.



Developed in partnership with the ND Board of Pharmacy and ND Pharmacist Association

For more information, go to: prevention.nd.gov/takeback