



Quick Start Guide for Campus Leader

Purpose

The ONEbox is an emergency opioid overdose reversal and rescue kit designed to promote safety by assuring individuals have the on-demand training needed to respond to an overdose emergency through bystander intervention.

The purpose of this document is to provide guidance on how to install and maintain your ONEbox and its contents.

Scope

Facility maintenance staff or a responsible individual at the participating location should be designated to install the ONEbox with the Installation Procedures outlined below.

Your ONEbox has shipped shrink-wrapped or with a red tag to indicate there is no product (Naloxone) inside.

Functionality

Before placing naloxone in the box and installing it, you will want to check for functionality.

- 1. Remove the shrink wrap OR red tag on outside of box
- 2. Open the ONEbox
- 3. Pull tab to activate video
 - 1. Emergency Response Video should engage
 - 2. Test training mode (press "Training Mode")
 - 3. Check for PPE Kit containing mask, gloves, and wipes
- 4. Charge the device: If necessary, charge the box using the charging chords provided in each box.

Prior to Installation

1. Stickers with a QR code were sent to you in this packet. Place a sticker with the QR code inside the box. This will be used by the location where the box is installed to order naloxone replacement if it is ever used for a rescue.



Installation

- 1. Find proper location for ONEbox
 - 1. ONEbox should be easily visible and meet all requirements of the ADA (Americans with Disabilities Act) .
 - 2. Consider placing your ONEbox near other emergency response devices, such as fire extinguishers, first aid kits, or AEDs for easy access during an emergency.
- 2. Install the ONEbox
 - 1. The ONEbox can be affixed to a wall with nails, screws, or mounting materials (ie 3M strips) appropriate to your facility.
 - 2. Do not store at or above 40° C (104°F) . Do not freeze. Protect from light.ld
- 3. Provide a printed Be the ONE Toolkit at each box location. A toolkit for each box has been provided to you in these materials.
 - 1. Identify one "point person" for each box location who will be responsible for the ONE Box at that location. They will keep the Be the ONE Toolkit in a safe location and regularly check to see if the box tag has been broken, signifying the naloxone has been used.
 - 2. Keep track of the ONE Box building, location, and point person in a central location. The ONE Program has provided a template spreadsheet to use if desired in these materials.
- 4. All materials can be viewed and printed at **www.one-program.org/betheone**

Annual Maintenance

After installation, we recommend that one person per location is identified to fulfill the responsibilities outlined below. The point person at the location should inspect the ONEbox <u>regularly</u> for a broken tag and also annually as outlined below.

Create an annual ONE Box maintenance plan. We suggest identifying one week each year as your ONE Box week.

- 1. Break the tag to open the box
- 2. Check naloxone expiration dates. Replace if necessary. Most naloxone expires in 2-3 years.
- 3. Check the PPE Kit expiration date. If the PPE Kit needs to be replaced, please contact the ONE Program (elizabeth.skloy@ndsu.edu) for a replacement
- 4. Contact the ONE Program (Elizabeth.Skoy@ndsu.edu) if you'd like to arrange annual training for your locations.



Training/Education

With opioid overdose becoming a growing concern among adolescents, specifically college-aged individuals, there is specific demand to make overdose education and naloxone a priority for this age group.

The ONE Program suggests educating ALL of your students annually on opioid safety and overdose response and provides the following educational opportunities to NDUS institutions:

- 1. Student training
 - a. Train-the-trainer program to equip a student group at your institution to conduct opioid safety training for your campus through 15-30 minute presentations to student groups **PREFERRED**
 - b. Virtual opioid safety training to your students by the ONE Program (15 or 30 minutes)
- 2. Campus personnel training
 - a. ONE Box and opioid overdose response training for box location point persons/campus personnel

Definitions

<u>ONEbox</u>: Opioid overdose rescue kit containing: QR code for video naloxone instructions, written naloxone administration card, installation hardware, tags, PPE Kit (mask, sterile gloves, and alcohol pad).

Naloxone: An opioid reversal medication.

<u>Opioid</u>: A class of drugs that work to relieve pain and can be harmful/deadly if misused. Opioids include prescription drugs (morphine, hydrocodone, oxymorphone, carfentanil, fentanyl, meperidine, tapentadol) and non-prescription drugs (fentanyl, heroin, etc.)

<u>Opioid Overdose</u>: This occurs when an individual consumes more of an opioid drug than their body can handle.

<u>QR Code</u>: A code that can be scanned via smartphone and will lead to a website.