



*Opioid and Naloxone Education*

**BETHEONE.**  
Naloxone Education



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# OBJECTIVES

- Increase naloxone saturation
- Provide education on naloxone administration
- Increase the number of ONE boxes available on college campuses
- Increase the number of students trained to respond to opioid overdose



# CAMPUS COLLABORATORS

- Campus Housing: Residence Life/Fraternity & Sorority Life
- Public Relations
- Campus Police
- Student Health Service
- Student Affairs



# BETHE ONE.

## Standard Operating Procedure

Institution: \_\_\_\_\_

ONE Box Building and Location: \_\_\_\_\_

ONE Box Point Person: \_\_\_\_\_

### Purpose

*The One Box is an emergency opioid overdose reversal and rescue kit designed to promote safety by assuring that individuals have access to naloxone, an opioid overdose-reversing drug, in the event that there is an overdose emergency through bystander intervention.*

*The purpose of this Standard Operating Procedure (SOP) is to provide guidelines for how to maintain your One Box and its contents. It is critical that the responsibilities and procedures outlined below are fulfilled to guarantee the functionality of the One Box.*

### Scope

*The ONE Program, in collaboration with the site, will be responsible for installing the One Box with the Step #1 procedure outlined below. Post-installation, One Box regulatory procedures can be assumed by another staff member of the participating institution.*

*This procedure applies to personnel who have assumed responsibility for ONE Box maintenance. We recommend that **at least one** person per location is deemed the point person for fulfilling the responsibilities below to assure that all contents of the ONE Box (naloxone, most importantly) are present in the event of an opioid overdose emergency.*



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## Procedure

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1. **Secure a proper location for the ONE Box.** *The ONE Box can be installed near other emergency response mechanisms such as first aid kits, automated external defibrillators (AEDs), and/or fire extinguishers. The ONE Box should be installed in a location that is easily visible and meets all requirements of the ADA (Americans with Disabilities Act).*
2. **Monitor regularly.** *The security tag on the ONE Box should be inspected regularly to ensure it is still intact. Your institution will inspect the ONE Box annually to ensure all materials are present and not expired.*

### ONE Box Checklist:

- *Naloxone (nasal spray). **Two doses** should be present.*
  - *CPR kit*
  - *Written instruction naloxone administration*
  - *Fully-charged video*
2. *It is recommended to charge the video within the ONE Box **annually to ensure functionality if an emergency arises.** The ONE Box is supplied with a charging chord for these purposes.*
  3. *Contact your institution if the ONE Box is missing any items or if the naloxone has expired.*
  4. **When naloxone is used,** *scan the QR code on the sticker inside the box to notify your institution that a replacement is needed.*
  5. *It is suggested that training is completed at your location annually. To request training sessions on naloxone and safe opioid use, contact Elizabeth.Skoy@ndsu.edu*

*For more information about ONE Box, go to [www.one-program.org/betheone](http://www.one-program.org/betheone)*



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## Definitions

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**ONE Box:** opioid overdose rescue kit containing: video instructions for naloxone, naloxone administration instruction card, installation hardware, zip ties, narcan nasal spray, CPR facemask, alcohol pad, sterile gloves, instructions for naloxone refill

**Naloxone:** An opioid reversal drug. Naloxone is an antidote that removes the opioid drug from the site in the brain where the opioid needs to attach in order to work.

**Opioid:** A class of drugs that work to relieve pain and can be harmful or deadly if misused. Opioids include prescription drugs (morphine, hydrocodone, fentanyl, meperidine) and non-prescription drugs (fentanyl, heroin, etc).

**Opioid Overdose:** This occurs when an individual consumes more of an opioid drug than their body can handle.

**QR Code:** A code that can be scanned via smartphone and will lead to a website.



# BETHE ONE.

## ONE Box Installation Checklist

This form is to be filled out by the Be the ONE Liaison providing the ONE Box to the site. Please use the information provided on this form to update the ONE Box Tracking document.

Who will be the primary person responsible (site representative) for the ONE Box at this location?  
(Example: Hall Director, Fraternity/Sorority Chapter President)

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Email: \_\_\_\_\_

What is the address of this location? \_\_\_\_\_

Where in this building will the ONE Box be located (*ie near the AED, outside of hall director's office, etc.*) \_\_\_\_\_

What is the best time of the year for us to provide annual BOX training? (*ie officer change-over, beginning of academic year, etc.*) \_\_\_\_\_

### Box Supplies

Naloxone Lot Number: \_\_\_\_\_

Naloxone Expiration: \_\_\_\_\_

CPR Kit Expiration: \_\_\_\_\_

- Check this box once you have reviewed the ONE Box SOP with the site representative.

\_\_\_\_\_  
Signature of site representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Be the ONE Liaison

\_\_\_\_\_  
Date



# BE THE ONE

## Naloxone Training Education



Order your own here:



### OPIOIDS

- medications primarily used to provide pain relief
- can lead to addiction and/or death even if taken properly
- can be laced into other substances or made to look like candy

### NALOXONE (NARCAN)

- medication used to reverse an opioid overdose
- WILL NOT HARM if given to someone who is not experiencing an overdose
- administered nasally



### SIGNS OF AN OPIOID OVERDOSE

- Unconscious or unable to wake up
- Breathing slows or stops
- Choking or gurgling noises
- Body goes limp
- Pale face
- Purple/blue fingernails and lips

### OVERDOSE ACTION STEPS

1. Call 911
2. Administer Naloxone if available
3. Move person into recovery position
4. Stay with person until help arrives
  - You are protected under the Good Samaritan law for reporting an emergency regardless of intoxication





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## Additional Training Options:

1. Train the trainer (we train someone or students to lead the training on campus)
2. We provide training virtually